



CONFERENCE

SAMPLE MENU

Pasta Salad

Mixed Salad

Homemade Pizza

Couscous with roasted vegetables with a side portion
of mint and crème fraîche

Vegetable and Beef Lasagna

Roast Chicken breast with pink peppercorns (Gluten and dairy free)

Roasted new potatoes with garlic and rosemary scattered with fresh sea salt

Vegetable quiche

Chef's choice dessert

Fruit bowl

This is a sample menu and we cater for all dietary requirements.

Please advise of any other preferences.



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HEALTHY BUFFET OPTIONS

£5pp Supplement to Delegate Rate

Selection on arrival with Tea, Coffee

Overnight Oats

Fresh Fruit Salad

Natural Greek yoghurt with honey

Homemade granola bars

Mid-morning or Afternoon Tea/Coffee Break (*choose one*)

Toasted oat clusters

Mini banana muffins

Hazelnut and raisin flapjacks

Buffet Lunch

5 bean salad

Caesar salad

Gazpacho soup- shots

Roasted vegetable kebabs

Chicken Satay

Selection of open sandwiches served on rye bread

Stuffed cherry tomatoes

Grilled basil chicken breast

Seasoned sweet potato fries

Spicy turkey meatballs

Poached salmon, garlic and chilli prawns

Couscous salad

Vegetable crudities/toasted pitta chips and selection of dips

Greek salad with feta cheese

Fruit kebabs

Melon Cocktail

Meringue nests filled with crème fraiche and fruit salad